

BMAGIC COMMUNITY CONVENER MEETING

Tuesday, November 20, 2018 1:00pm – 3:00pm PST

Hosted at: 1800 Oakdale Avenue, San Francisco, CA 94124

Facilitated by: Lyslynn Lacoste, Frank Martinez and Moira Dumo, - BMAGIC STAFF

AGENDA ITEMS FOR 11/20/2018:

INTRODUCTIONS

-Welcome, housekeeping and overview of the agenda

Attendance:

	Fname	Lname	Organization	Phone	Email
1	Lydia	Vincent-White	CYW	(415) 684-4535	lvincent@centerforyouthwellness.org
2	Brianna	Green	Safe & Sound	(415) 694-5861	brianna.green@safeandsound.org
3	Will	Roy	Safe & Sound	(415) 964-5867	will.roy@safeandsound.org
4	Alicia	Butler	Urban YMCA	(650) 550-0470	abutler@ymcasf.org
5	Martin	Lam	Goodwill	(415) 602-3079	mlam@sfgoodwill.org
6	Monte	Hardy	Bayview YMCA	(415) 822-9404	mhardy@ymcasf.org
7	Annemarie	Dompe	Eco Center CHHP	(415) 992-6137	annemarie@bay.org
8	Lealani	Manuta	CYC	(415) 728-5123	lealanim@cycsf.org
9	Jenna	Peng	CYC		jennap@cycsf.org
10	Antoine	Francis	Huckleberry Youth Center	(510) 831-5435	afrancis@huckleberryyouth.org
11	Kisai	Henriquez	Huckleberry Youth Center	(415) 437-2500	khenriquez@huckleberryyouth.org
12	Joseph	Griffin	Rebuilding Together SF	4159051611x204	joseph@rebuildingtogethersf.org
13	Joy	Brown	Center for Harm Reduction Therapy	(628) 400-7006	joybrown@harmreductiontherapy.org
14	Maurice	Byrd	Center for Harm Reduction Therapy	(415) 579-3410	mauricebyrd@harmreductiontherapy.org
15	Miriam	Myers	SFO ECD	(415) 939-4344	miriam.myers@flysfo.com
16	Ashia	Coleman	3rd St Youth Center & Clinic		ashia@3rdstyouth.org
17	Grace	Morrison	3rd St Youth Center & Clinic	(707) 485-2160	grace@3rdstyouth.org

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18	Liza	Ly	Bayview Library	(415) 355-5757	yuet.ly@sfpl.org
19	Horepa	Tautolo	Community Ambassadors	(415) 531-8951	tautolohorepa22@gmail.com
20	Daniella	Menendez	SF Environment	(415) 355-5016	ana.menendez@sfgov.org
21	Richard	San	SF Environment		Richard.san@sfgov.org

PRESENTATIONS

1. Center for Youth Wellness – Lydia Vincent White, Community Engagement Manager – Stress Health Community Initiative. Lydia introduced herself, she is the Community Engagement Manager at the Center For Youth Wellness. She started with a pre survey with our participants. They have two locations for their program and about 40 staff, the Pediatric clinic and administrative offices. The clinic is the Bayview Child Health Center on 3rd St., and the CYW Admin offices are on Evans for BCHC and CYW. Lydia shared the vision for treating children, by using an ACE scoring for risk assessment and treatment. ACE stands for Adverse Childhood Events, she talked about Dr. Nadine Burke, and her commitment to asking pediatricians to use ACES in their clinical work, to screen all children by 2020. Lydia shared a history of the ACE Risk Assessment. Using the ACE Risk Assessment, Dr. Burke was able to see trends and treat symptoms and chronic stress related to the ACE scoring. Lydia then presented a video of Dr. Burke speaking; [here is the link...](#) How childhood trauma affects health across a lifetime. The root cause of stress for kids varies, there are many factors, Lydia shared most of them in her slides. You can see the each child's risk factors and history by using an ACE evaluation for each pediatric patient and then by treating what happened to the child, for better health outcomes. Lydia shared that CYW does also have staff in come schools in the bay area; new initiative with PTA's and parent groups. The second video ([link here](#)) is Dr. Dan Siegel's Hand Model of the Brain. He explains the biology and how stress affects the brain. In sharing this with his pediatric patients, the youth can begin to calm down, address their stress and hopefully be able to share that they need a time out. By showing how stress causes the brain react, it is a simple way to explain some of the challenging behaviors you may be seeing. Then reducing the effects on of ACES exposure and toxic stress, to help improve stress health, healthy relationships then the slides, mental health service and benefits to normalize mental health care, stop, stop take a break observe and proceed. Lydia shared that they provide technical assistance via their website, how a pediatrician and health provider can implement this in practice. For more information, the presentation will be linked with the minutes. Lydia can be contacted at lvincent@centerforyouthwellness.org and 415-684-9535.

2. SEO Scholars San Francisco - Laziah Bernstein, Recruitment and Program Coordinator - Laziah is here today to talk about SEO Scholars, Seizing Every Opportunity, their work and success. It's an 8 year college support and tutoring program. To date they have a 100% college acceptance rate with a 90% graduation rate of their participating students. Key is academics, hard curriculum, free

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tutors, review work year to year; each student joins the cohort in 9th grade, hardly any openings after that unless a student drops out. They can accommodate enrolled students who move. Can help with free college enrollment and internships, have good placements for students. Concentrate on what students want to study or not study, designed for students who cannot find funding, can help place them. College scholars, academic advisors, donors, alumni board all help contribute to SEO Scholars and their strong alumni support. Attendance has been about 30 students a cohort, with their fundraising efforts and work, SEO Scholars has been able to increase that number a little every year. They are starting their recruitment now until December 15th. Then start in February, they prioritize low income and first generation college students. Income guideline for a family of 4 would be an income of less than 90K a year. Laziah shared they receive many applications, but only about 33% of students who have applied were accepted into the program. Laziah finished with some questions and a video about SEO Scholars. [Video Link...](#) Laziah at (415)691-1025 and Laziah.Bernstine@seo-usa.org

COMMUNITY BUILDING

1. Kindergarten to College, K2C – Bashir Algaheim, Community Engagement Coordinator -

Bashir is here today to talk about the Kindergarten to College savings program for all SFUSD students. Bashir had a power point presentation, K2C started in 2011, the mayor's office wanted to create a college going culture for our students, students with college savings are more likely to graduate. Bashir talked more about the program goals. Bashir explained the basics, 50\$ to start each account, with incentives for further contributions. A family can contribute 4 ways, the account is with Citi bank, and this savings doesn't affect their public assistance, it's universal and publicly funded. Incentives come from the City, about 2x's a year, again in February, more incentives to save, 60\$ save monthly where the matches a 10\$ a month deposit up to 60\$, 20\$ account bonus to encourage interaction in tracking savings. Financial education is the biggest goal, how the accounts work. In November each new student receives the welcome letter, existing students receive a statement with progress to date, 20% saver, 51% free lunch. A family can only withdraw what has been deposited in an emergency but can withdraw all your eligible for towards higher education. For SFUSD students, it is an automatic enrollment if you are low income based on the release authorization of the family and SFUSD. So every student in the low-income free lunch program qualifies. A family can find out more information from 311 regarding their accounts. SF is one of the first cities to have this community savings program, there are 13 other cities that have something similar. There are ways for families to find their accounts on the website too. Bashir shared that helping families in our community find out more about their K2C accounts would be helpful, the K2C website has tools to locate the account and learn more. For more information, please contact Bashir at (415) 554-4453 or bashir.algaheim@sfgov.org

2. SF Environment – Daniella Menendez, Environmental Outreach Aide and Richard San,

Environmental Outreach Aide, San Francisco Department of the Environment – Daniella and Richard are here today to inform our community on the new changes and updates to our landfill, recycling and green bin guidelines. The presentation was a visual one, where they brought trash, recycling and

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tangible examples of the items to be recycled, thrown out or composted. Please see the presentation with visuals by following the link to our convener page for the [November Meeting here](#).

PROGRAM DEVELOPMENT

- 1. ED Breakfast Recap** – November 14th – BMAGIC held it's first Executive Director and Leadership Breakfast. Lyslynn shared we hosted the event here at the SECF and were able to engage leadership on all things including Bayview Community Strategy, Self-Care and available community resources for sharing and communal training and education.
- 2. BMAGIC/Health SE Holiday Party** – December 18th – Lyslynn shared the time, date and location of the BMAGIC Holiday Mixer, this year we are having hosted at Rafiki Coalition in a joint mixer with the Healthy Southeast Coalition. 1-3pm at Rafiki Coalition, 601 Cesar Chavez, San Francisco, CA 94124.
- 3. Healing Retreat** – January 25th and 26th, 2019 at CSPRA. Lyslynn announced our next Self Care Healing Retreat in January 2019. It will be an overnight camping excursion at CSPRA, the sign up links are live, please [follow this link if you are interested](#). We already shared it with most of the Bayview service provider leaderships and Directors.
- 4. 2019 Convener Meetings** - 3rd Tuesday of each Month @ 1800 Oakdale January 15, February 19, March 19, April 16, May 21, June 18, July 16, August 20, September 17, October 15, November 19, and December – TBD.

GENERAL ANNOUNCEMENTS

1. WHO: San Francisco Recreation & Parks

WHAT: 89th Annual Holiday Tree Lighting

WHERE: McLaren Lodge in Golden Gate Park

WHEN: Thursday, December 6th 4-8pm

CONTACT/NOTES: Join us for the 89th Annual Holiday Tree Lighting at McLaren Lodge (501 Stanyan Street) in Golden Gate Park on Thursday, December 6, from 4-8 p.m. This FREE family-friendly event will feature toboggan rides, snow play area, carnival rides, live entertainment, cookie decorating, visits with Santa and more! There will also be free admission to the Conservatory of Flowers, which will feature a holiday light show! In addition, because it's the season of giving, the San Francisco Police Department is hosting a toy drive at the event. All are encouraged to bring a new, unwrapped toy to be given to a family in need. Click this link for more information about the event.

2. WHO: Bayview YMCA

WHAT: 5th Annual Family Winter Ball

WHERE: Bayview YMCA 1601 Lane Street

WHEN: December 7 5:30pm-7:30pm, Doors open at 5pm

CONTACT: 415-822-7728

NOTES: Save the date! A free event celebrating all the fathers, mothers, father figures AND mother figures with their daughters and sons.

3. WHO: SFRP, MONS, SFPD, SFHA & APRI

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WHAT: Holiday Party

WHERE: Joseph Lee Recreation Center

WHEN: December 14 4pm-7pm

NOTES: FREE 2018 Annual Holiday Kickoff Party for Boys & Girls 12 & under! Featuring Free Surprises, Snacks, & Special Guests.

4. WHO: My Art Gallery

WHAT: Holiday ornament making

WHERE: 4526 3rd Street

WHEN: December 15 12pm-4pm

NOTES: Please join us as we celebrate our display artists! Holiday ornament making from 12 noon to 4pm this is a family focused event! Cookies and milk serves 12 noon to 4pm (yum!). Join us at 4pm for a special recognition of individuals and organizations that support My Art Gallery! Refreshments served from 4-6pm.

5. WHO: City and County of San Francisco

WHAT: San Francisco International Airport – Public Service Aide

WHERE: San Francisco

WHEN: Deadline to apply: November 30, 2018

CONTACT: [Click here](#)

NOTES: 2019 Career Connect: Employment Track Internship. Program/Area: Economic and Community Development.

6. WHO: City and County of San Francisco

WHAT: Employment Track Internship Program

WHERE: San Francisco International Airport

WHEN: Deadline to apply: Friday, November 30th at 5pm

CONTACT: Call Linda Rosa: 650-821-5235 or linda.rose@flysfo.com sfointernships@flysfo.com with questions [Click here to apply](#)

NOTES: SFO's Economic & Community Development (ECD) is currently recruiting candidates for the Career Connect: Employment Track internship. This internship offers young people ages 18-25 the opportunity to gain on-the-job training and increase their ability to obtain and retain a job. Interns are paid \$20.41/hour and work up to 35 hours per week for eight months. Interns work in one of the many Airport Commission office assisting with mostly administrative or clerical tasks. There are also internship positions that involve hands-on work experience and customer service.

7. WHO: Literacy for Environmental Justice

WHAT: Now Hiring Interns for Spring/Summer 2019!

WHERE: San Francisco

WHEN: Deadline is December 15th.

CONTACT: Bridget Llanes bridget.llanes@lejyouth.org

NOTES: Literacy For Environmental Justice is hiring for Interns age 18-24 from Bayview-Hunters Point for our Restoration Technician Internship. Interns will gain valuable nursery, stewardship, and job readiness skills in a fun and supportive environment. Interns requirements: 18-26 years of age. Live in the Zip Code 94124, San Francisco, or the Peninsula. Be able to work outdoors in all conditions. Be able to lift 50 lbs. Interested in

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learning about plants. Interested in working with community on social, and environmental justice issues. Job Type: Internship. Salary: \$75.00 /day + \$75 monthly transportation stipend.

8. WHO: 3rd Street Youth Center & Clinic

WHAT: Youth Outreach Squad (YOS)

WHERE: 3rd Street Youth Center & Clinic, 1728 Bancroft Ave.

WHEN: Applications due Friday, January 25 @ 5pm

CONTACT: ashia@3rdstyouth.org

NOTES: YOS members receive comprehensive health outreach training regarding provided services, public speaking, project and planning implementation, healthy relationships, STI and HIV prevention, nutrition, reproductive health, diversity and group facilitation. The YOS represents 3rd Street Youth Center & Clinic by conducting outreach and spreading information learned, throughout the community, via social media, tabling events and street outreach. Participants will gain knowledge in important health topics, outreach skills as well as earn a stipend.

Applications for YOS are due Friday, January 25, 2019 @5:00 PM. YOS members begin Monday, February 11, 2019 @5:00 PM. Upon application submission, scheduled interview slots

9. WHO: Project Pull

WHAT: 2019 Project Pull Internship

WHERE: San Francisco

WHEN: Due date: February 25, 2019

CONTACT: 415.934.3996 sfprojectpull1996@gmail.com

NOTES: Project Pull is a paid summer internship program that is sponsored by the City and County of San Francisco. Interns are committed to work a total of 20 hours a week, which includes 16 hours at a worksite and 4 hours at weekly enrichments. The program provides professional mentorship to highly motivated 10th, 11th, 12th graders and incoming college freshmen from the diverse communities within San Francisco. During the eight-week program, students are paired with full time city employees who will mentor and help provide interns with work experience and skills necessary to become successful in the workforce.

10. WHO: Old Skool Cafe

WHAT: Now hiring ages 16-22

WHERE: Old Skool Café, 1429 Mendell Street

WHEN: Ongoing

CONTACT: www.oldschoolcafe.org/youth-training-programs

NOTES: We are Old Skool Cafe: A youth-run supper club that trains and employs formerly incarcerated young people, youth involved in foster care, and other youth facing barriers to success. We offer training and employment in the restaurant industry as well as life skills, coaching and mentorship. Youth have the opportunity to enroll in our program every three weeks. Youth ages 16-22 who have been arrested/incarcerated, in group homes/foster care, youth with truancy difficulties, homeless, low-income, parents with substance abuse or incarceration involvement. Informational Sessions take place every Saturday from 2-2:30pm at Old Skool Café. Youth are paid based on their attendance and participation and earn a stipend during training. After completing the training program, Old Skool youth are interviewed for employment. As employees, youth receive an hourly wage (SF minimum wage rate, \$15). All Old Skool Cafe youth receive ongoing life coaching and the support of our adult staff.

11. WHO: Literacy for Environmental Justice

WHAT: Volunteer Events

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NOTES: Saturday, December 1 - 10am-1pm - [Click here to register](#). Saturday, December 8 - 9am-1pm - [Click here to register](#). Saturday, December 15 - 10am-1pm - [Click here to register](#)

12. WHO: Habitat for Humanity

WHAT: Neighborhood Revitalization Program – 2019 Schedule

CONTACT: Sam Walsh, SWalsh@habitatgsf.org

NOTES: Standard Schedule: twice per month, 9am – 12pm on the 2nd and 3rd Saturdays, January – October, Bayview parks. Custom Events: during the week, no set time. Rotated b/t Crocker Amazon, Minnie & Lovie Ward, and MacLaren parks. **Youngblood Coleman** Jan 12 Aug 10. **Bayview Playground/MLK Pool** Aug 17 Jan 19. **India Basin** Feb 9 Oct 12. **Hérons Head** Feb 16 June 8. **Adam Rogers w/ community garden** March 9 April 20 Sept 14 Oct 19. **Joseph Lee** March 16. **Hilltop** April 13. **Palega** May 11. **Gilman** May 18 Sept 21. **Little Hollywood Park** June 15. **Silver Terrace** July 13. **Velasco and Kelloch** July 20.

13. WHO: Rafiki Coalition for Health & Wellness

WHAT: December Programs

WHERE: Rafiki Coalition, 601 Cesar Chavez

CONTACT: 415.615.9945

WHEN/NOTES: Community Meditation: Dec. 4th 4:45pm - Rejuvenating time to be still and relax with fellow community members. | **L.I.F.T.: Dec. 18 6:30pm** - A rejuvenating practice, in which community members gather in a safe circle to discuss faith, support and strength. | **First Saturday Health Party: Dec. 1 8:45am** - A Saturday morning neighborhood health party that's good for your mind, body and soul. | **Restorative Yoga: Dec. 5 & 19 10:30am** - Yoga as a practice of self-care by restoring and renewing mind, body and spirit. | **Vinyassa Flow Yoga: Dec. 6 & 13 5pm** - Stretching and strength building movements that provide therapeutic benefits. | **Qigong with David Wei: Dec. 6, 13, 20 6:30pm** - Traditional Chinese yoga designed to optimize one's entire being. | **Community Healing Circle: Nov. 12 2pm** - A community healing and restorative circle addressing grief, collective struggles and rejuvenating uplifting practices | **Eat Well, Live Well: Dec. 4 & 11 6:45pm** – Healthy food education and demonstration | **Healthy Hearts Dec. 1, 8, 15 9:30am** Energizing movements and sequences with a Zumba twist. | **Rafiki Movie Night: Dec. 17 5:30pm** – Movie screening of “The Wiz” open for the community. | **Sound Healing: Dec. 20 4:30pm** - A series of healing using ancient sound and energy to achieve inner calmness and equilibrium | **Passport Graduation Dec. 20 7:30pm** A graduation celebration for Passport program participants.

14. WHO: Exploratorium & BMAGIC

WHAT: Visit the Exploratorium for FREE! - Exploratorium Community Family Pass

WHERE: Pier 15, Embarcadero @ Green Street, SF, CA 94111

WHEN: Ongoing *This pass is available on a first come, first serve basis.

CONTACT: community@bayviewmagic.org

NOTES: Visit the Exploratorium for FREE! Bring your family and friends to dance with a tornado, turn upside down in a curved mirror, count rings on a 300-year-old tree, build your own electrical circuits, and explore hundreds of other hands-on exhibits. BMAGIC has been given a Community Family Pass to access the Exploratorium - FOR FREE! We would love to share this opportunity with BVHP families, organizations and programs. **The pass is intended for small groups of no more than 16 individuals - including children & adults.** How it works: 1) Contact BMAGIC at least one week before you plan to visit the Exploratorium. 2) Schedule a day & time to pick up the Pass from BMAGIC. 3) Return the Pass back to BMAGIC within 48 hours of your trip. You MUST submit a completed visitor survey upon return! The Exploratorium also offers affordable opportunities for larger groups such as 5 free public days per year and free or reduced admission for weekday field trips for CBOs. For more info about these programs and hours visit: www.exploratorium.edu/visit/hours

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