Bayview Park Prescription Program

Address your health outcomes and change course for improvement in health, wellness and mental well being by choosing a Park Prescription.

**How it works:**

- ✓ Meet with your provider.
- ✓ Meet with the Health Educator.
- ✓ Identify some activities to specifically address and improve your health outcome.
- ✓ Go participate and have your stamp card initialed at the end of each activity.
- ✓ Turn in your completed stamp card and enjoy your hard earned reward.

Time spent in places with natural landscaping can encourage social interactions and integrations. (Kweah, Sullivan & Wiley, 1998)

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For more information on participating in the Bayview Park Prescription Program, please contact one of our Health Educators at participating clinics:

- Michaela Moss 415-415-339-8813 ext. 125
- Southeast Health Center Clients Only 415-671-7031

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Join the new pilot program for Park Prescription for the San Francisco Bayview Community. Increase your physical activity for your health, wellness and enjoy other activities for your mental health.
The Park Prescription program proposes to foster a collaborative approach to improve health outcomes while strengthening the connection between the healthcare system, parks and open public lands. BMAGIC has partnered with local neighborhood health clinics—

- 3rd Street Youth Center & Clinic
- Bayview Child Health Center
- Bayview Clinic
- Southeast Health Center

And our local parks and park groups—

- Candlestick Point State Park Recreation Area
- San Francisco Recreation & Parks
- Parks 94124 Collaborative

Together we deliver a Park Rx program tailored for Bayview Hunters Point residents.

**Participating Clinics Contacts**

3rd Street Youth Center & Clinic
1728 Bancroft Ave. (415) 822-1707

Bayview Child Health Center
3450 3rd St., Building 2, Suite 2A
(415) 697-0500

Bayview Clinic
6301 3rd St. (415) 339-8813

Southeast Health Center
2401 Keith St. (415) 671-7000

**Health Educators**

Michaela Moss at Bayview Clinic
(415) 339-8813x125, mmoss@bayviewclinic.org

Southeast Health Center
Clients call (415) 671-7000, Ask for Park Rx (for SEHC clients only)

If you are not a member of one of the participating clinics but a Bayview resident, you may access the program through one of the Health Educators. They can connect with you and create a tailored Park Prescription plan based on your health improvement goals.

**Participating Parks**

The Bayview has a wide variety of outdoor and indoor activities. There are also unique recreation areas and parks that are only in the Bayview Hunters Point, including Heron’s Head Park, Candlestick Point State Park and Hilltop Sundial Park. **Scholarships available for SF Recreation and Park programs.**