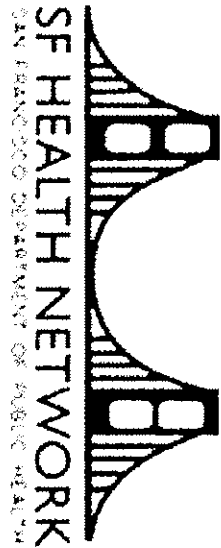


Who We Are

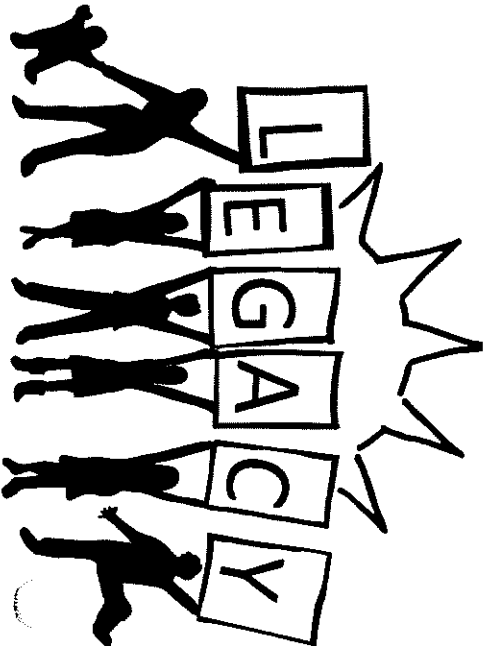
In 1998 L.E.G.A.C.Y. (formerly CSOC - Children's System of Care) implemented one of the nations first engagement initiatives that recognized the need for non-clinical support, with staff that have lived experienced and specialized training, to help guide and empower families whose children are being served in the behavioral health and other child serving systems. This created a model shift within the scope of behavioral health from not engaging families in treatment planning to treating caregivers as equal and valuable partners in the care of their children, as well as change agents for system improvement.



Our Vision:
All San Francisco children, youth and families will reach their greatest potential.

Our Mission:
We advocate for family driven, youth-guided, peer support that is community based, collaborative, strength based and effective, practiced with cultural humility.

Our Core Values:
Youth, Young Adults and Families are equal partners in the treatment process.



Lifting & Empowering Generations of Adults, Children and Youth through Peer Support

**Lifting,
Empowering
Generations of
Adults,
Children and
Youth**

**A Peer Support
Program**



1305 Evans Avenue
San Francisco, CA 94124
415-920-7700 voice
415-920-7729 fax

Our Staff:

Our team members who serve youth, young adults and families are, a team of specialists hired by the San Francisco Department of Public Health who have life experience and professional training. Our staff act as a bridge between clients, agencies and services, such as behavioral/mental health, juvenile justice, special education and foster care.

Who We Serve

Parents and caregivers of children who are being served by one of the various San Francisco child serving systems. We offer caregivers support and advocacy, system navigation, attend IEPs, court hearings, provide information and referrals.

● Transitional Aged Youth (TAY), ages 13-21 involved in the community mental health system who are in need of, and open to support in their transition to independence and adulthood. Services we provide: assist in development of individual goals; advocacy and mentoring; referrals and linkages to other services in the community; assist in transition from youth to adult mental health system; youth lead programs and workshops

Our Services:

- ◆ Advocacy, support and empowerment
- ◆ Assistance with system navigation and transitions, including attending appointments with families
- ◆ Help families recognize their strengths
- ◆ Offer one-to-one individual support
- ◆ Assist in problem solving
- ◆ Awareness and engagement
- ◆ Provide information and resources that can assist with IEPs, court hearings, parent teacher conferences, child care, CALFresh
- ◆ Assist families in reaching their goals
- ◆ Provide individual support, support groups, various trainings (including parenting classes), educational and life skills workshops
- ◆ Create linkages between teachers, probation officers, mental health workers and social workers.

The Referral Process

Referrals are accepted from:

- ◆ Clinicians
- ◆ Social Workers
- ◆ School personnel
- ◆ Juvenile Probation Officers
- ◆ Caregivers and families may self-refer

For more information, please call
415-920-7700

Lifting &
Empowering
Generations of
Adult
Children &
Youth

Nuestra Promesa para Usted

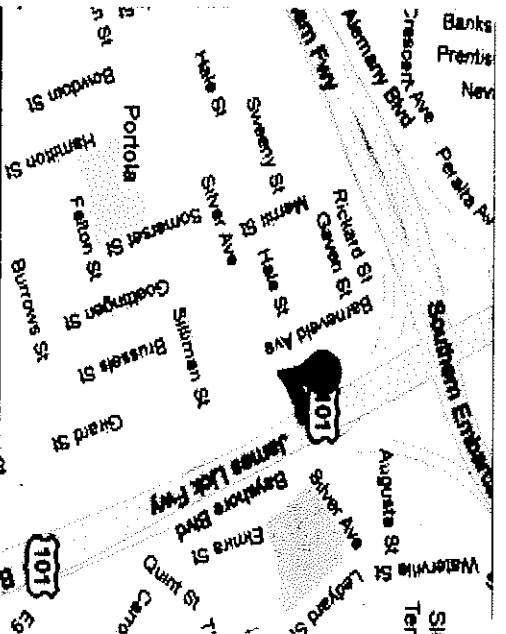
La misión de SECFTC es ayudar a niños, adolescentes, familias y comunidades en la area sureste de San Francisco — Bernal Heights, Excelsior, las afueras de la Misión y Vistacion Valley — através de sicoterapia comprensiva y servicios de consejería , consultaciones escolares, entrenamiento para padres y programas locales.

Trabajamos con organizaciones basadas en la comunidad, agencias de servicio publico, grupos consultivos, escuelas y organizaciones privadas para fortalecer a nuestra comunidad.

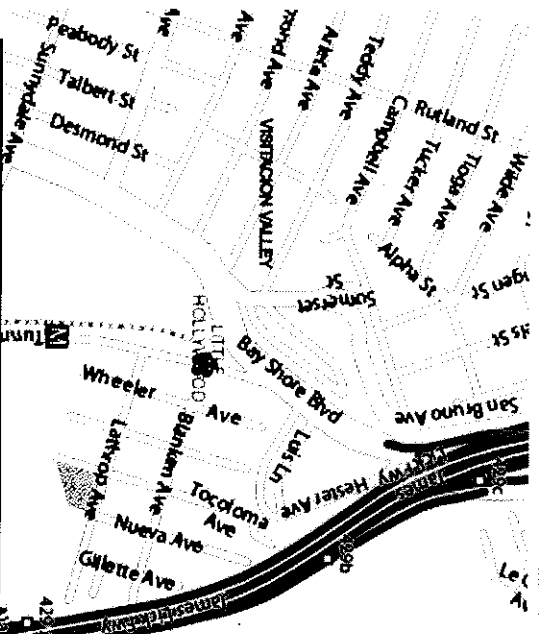
Nuestra meta es proveer servicios efectivos, basados en la comunidad, culturalmente competente, dirigidos por las familias y guiados por la juventud.



Adonde esta SECFTC?



1525 Silver Avenue
San Francisco, CA 94134-1229
Teléfono: (415) 337-4800 Fax: (415) 333-2058
Lineas del MUNI (Autobús) : 9, 9L, 90, 8, 8X, 8BX and 44



100 Avenida Blanken (Cerca de Bay Shore Blvd.)
En la esquina de las Avenidas Blanken y Tunnel
San Francisco, CA 94134-2407
Teléfono: (415) 330-5740 Fax: (415) 330-9120
Lineas del MUNI (Autobús) : 9, 9X, 56 and T



Departamento Publico de Salud
de San Francisco
Procedimiento Comunitario
de Servicios de Salud

SOUTHEAST CHILD/FAMILY THERAPY CENTER

(CENTRO DE TERAPIA
SURESTE DE
NIÑOS/FAMILIAS)

100 Avenida Blanken
(415) 330-5740

1525 Silver Avenue
(415) 657-1770

SAN FRANCISCO, CALIFORNIA

9:00 AM a 5:00 PM

Horarios en la Tarde y los Sábados
son disponibles con cita.

SOUTHEAST CHILD/FAMILY

THERAPY CENTER

(CENTRO DE TERAPIA

SUKOESTE DE NIÑOS/FAMILIAS)

Somos una agencia de procedimientos de salud comunitario. Proveemos terapia individual, en grupo y para familias, servicios de apoyo para medicamentos, servicios de administración de su caso y servicios de referencias.

Algunas preocupaciones comunes de las familias que servimos incluyen:

- ◆ Dificultades en el Comportamiento y Emocionales
- ◆ Violencia Comunitaria
- ◆ Abuso Físico y Emocional
- ◆ Abuso Sexual
- ◆ Negligencia
- ◆ Violencia Domestica
- ◆ Abuso de Sustancias
- ◆ Emigración
- ◆ Conflictos Familiares
- ◆ Divorcio
- ◆ Intimidación (Bully)
- ◆ Dificultades de Aprendizaje
- ◆ Problemas de Concentración
- ◆ Racismo Institucional
- ◆ Negación de escuela

BIENVENIDOS!

Para mas información y para obtener una cita, por favor llame al:

Visitacion Valley

100 Blanken Avenue

(415) 330-5740

Silver Health Center - Portola

1525 Silver Avenue

(415) 657-1770

Aceptamos Medi-Cal, Healthy Kids y otros seguros medicos y hacemos cobros dependiendo su ingreso para aquellos que no tienen seguro medico.

Excelsior

3905 Mission Street

(415) 337-2400

Los servicios Integrados incluyen consulta previa, evaluación y referencias por el abuso de sustancias para juvenes y sus familias.

Personal de Profesionales

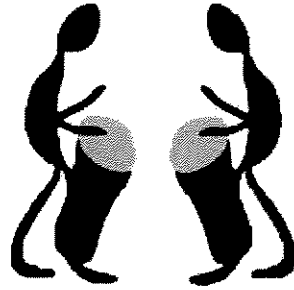
Nuestro personal multicultural y multilingüe de terapeutas con experiencia con niños incluye psiquiatras de niños, psicólogos clínicos, trabajadores sociales psiquiátricos, terapeutas matrimoniales y familiares y coordinadores de salud.

Proveemos servicios culturalmente sensitivos a una comunidad diversa que incluye Afro-Americanos, Asiáticos, y Latinos, y por lo cual nuestro personal habla Ingles, Español, Cantonese, Mandarin y Italiano.

También tenemos un programa interno para estudiantes clínicos.

El personal clínico se esfuerza junto con el personal medico del Centro de Salud de la Avenida Silver (Silver Avenue Health Center) para proveer servicios comprensivos para satisfacer las crecientes necesidades de nuestra diversa comunidad.





Please Stop Look and Read!!!!!!

Medicinal Drumming Class

For families that have been effected by **trauma** or **domestic violence**

This class is for children and their caregivers.

Where: LEGACY 1305 Evans Avenue San Francisco California, 94124

When: Thursdays - October 25, 2018 to December 6, 2018

Time 6:00pm to 7:30pm

Dinner will be provided



For more information or to R.S.V.P please contact:

Jennifer Hubbart 415-920-7704 or Pamela Powell 415-920-7707



City and County of San Francisco
London Breed
Mayor

San Francisco Department of Public Health



San Francisco Health Network
Behavioral Health Services

Southeast Child/Family Therapy Center

The Kuumba Healing Project

The mission of the Kuumba Healing Project of SECFTC is to improve the quality of service delivery to children and families of African Descent and other communities through an empowering, hands-on, restorative and self-determinant model of care. The Kuumba Healing Project assists children, adolescents, families and communities of African descent in the Southeast section of San Francisco: Bernal Heights, Outer Mission, Excelsior, Little Hollywood, Bayview and Visitacion Valley through wholistic, trauma informed and culturally relevant family driven and youth guided clinical services. These services include; African centered and culturally relevant psychotherapy, advocacy and school collaborations and consultations, parent training and onsite services. We work with community-based organizations, public service agencies, advisory groups, schools and other organizations with the explicit intention to strengthen youth and families of African descent, as well as all other disenfranchised youth and families in the Southeast region of San Francisco.

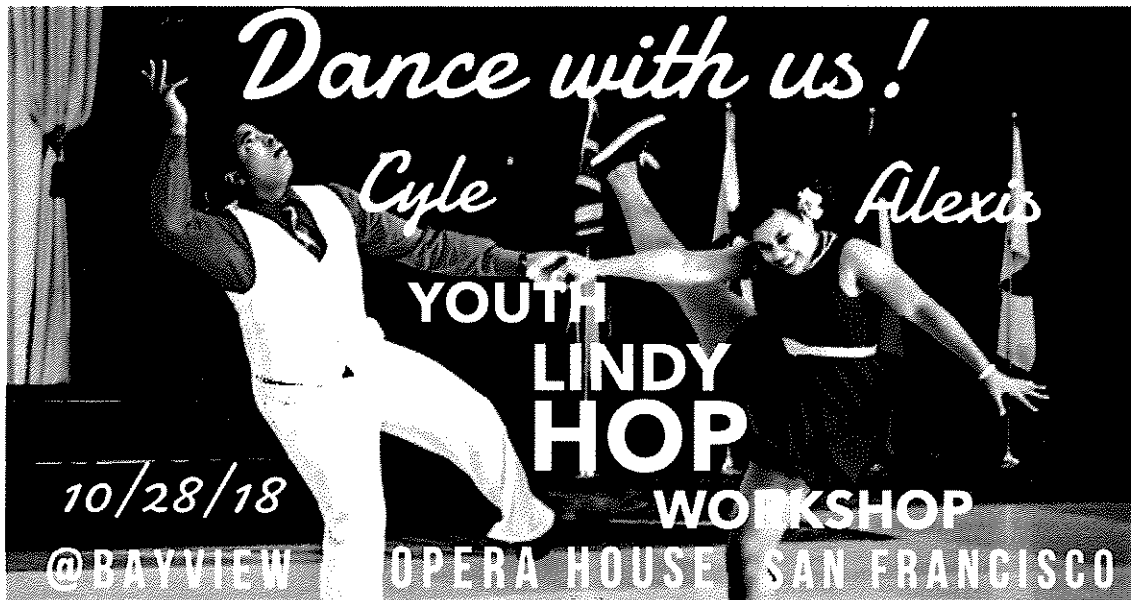
Services include:

- ✓ Collaboration and coordination of community-based organizations and related services
- ✓ Client Centered, Strength and Culture-based therapy (individual, group, family, psychoeducation, collaborative and clinical case management)
- ✓ Crisis intervention and debriefing services
- ✓ Specialized trauma Informed family caseloads
- ✓ Clinical collaboration, referral and coordination with SF Family Courts
- ✓ SFUSD School-site clinical services
- ✓ ADA/IDEA Education, Advocacy and Training (504/IEP)
- ✓ TAY focused Jr. Leadership Internship and clinical support
- ✓ African Centered Parenting Group
- ✓ Peer mentor training and support
- ✓ Professional, workforce and vocational development, training, and support including CEUs for staff. (*CCSF Community Mental Health/Reentry/ Public Health Certificated Program*)
- ✓ Community Advisory Council (members representing each neighborhood/district)
- ✓ Critical Processing Psychoeducation Groups - including SFUSD Wellness Initiative Curriculum; Social Emotional Learning (SEL)
- ✓ Boys & Girls Club (Hunters Point) - Pathways to Manhood Group
- ✓ Therapeutic Activity Learning (TAG), Mentoring, Leadership Team and other clinical supported pro-social activities

- ✓ Clinically supported Healing, Restorative Justice and Drumming Circles
- ✓ Recruitment, training, placement and supervision of Master Level Interns.
- ✓ Practice Based Evidence (PBE) and Community Defined Evidence (CDE) based models of treatment.

For more information contact;

**Omolade Rosalyn Roddy, LCSW (Supervisor)
Kuumba Healing Project / Southeast Child Family Therapy Center
100 Blanken Ave. SF. 94134
(415) 330-5754**



WHAT: Free Youth Dance Workshop and Community-wide Swing dance

WHEN: Sunday, October 28th, 2018

WHERE: The gorgeous and historic Bayview Opera House

WHO: Youth age 13-22 for workshop; all-ages for community-wide dance

GOAL: To educate about Lindy Hop's history, being a dance created by African American youth in Harlem in the 1920s/30s and to introduce the dance to young people as a means to joy and connection with each other.

FUNDS: Proceeds will go to Old Skool Cafe - a restaurant in the Bayview that trains and employees at-risk youth.

11:00am-2:00pm

Youth Lindy Hop/Swing dance workshop with nationally acclaimed Lindy Hoppers from Cleveland, OH. Age 19 and 21, Alexis Davila and Cyle Dixon have been dancing since they were in 5th grade - starting through an after-school program.

Breakfast and lunch included!

To RSVP for the workshop, email info@920special.com.

2:30pm-3:00pm - Intro Lindy Hop/Swing class for all-ages!

3:00pm-5:30pm - Live swing band and swing dance party for all-ages!

Questions? Email Iris at info@920special.com or call 415-722-2772.

BVHP YMCA TEEN CENTER PRESENTS

LIGHTS ON! POTLUCK

JOIN US IN CELEBRATING OUR
AFTER SCHOOL PROGRAM!

.....

THURSDAY
OCTOBER 25TH
4:30-6:30PM

YMCA Teen Center
1601 Lane St. SF, CA 94124



OCT 2018

Science Saturdays

HANDS-ON, NATURE-BASED FUN

Looking for a fun way to spend time with your family? Head to the EcoCenter! Each Saturday our trained naturalists and partners offer a hands-on, nature based, fun event that is perfect for young kids to adults.

Save the Bay's 3rd Annual Bay Day

Oct 6 / 9:30am - 2:00pm

The EcoCenter will host Bay Day activities in an effort to unite Bay Area communities and celebrate the San Francisco Bay, its people and the wildlife that call it home. EcoCenter Naturalists will lead nature walks into Heron's Head Park to observe wildlife and discuss the Bay's complex ecosystem. Throughout the day the EcoCenter will display numerous hands-on science activities that will give visitors a greater understanding of the many services the bay has to offer.

Hikes will leave from the EcoCenter at 10:00 am and 12:00 pm.
Hands-on Activities in the EcoCenter from 9:30 am-2:00 pm.

Get Down and Dirty with our Native Plant Garden

Oct 13 / 10:00am - 12:00pm

Join staff from the EcoCenter and SF Recreation and Parks for this hands-on Science Saturday caring for the native plants that call Heron's Head Park home. Come dressed in comfortable clothes and get ready to get dirty as we learn to identify local plants and help to remove invasive species. For more information, please email: recparkvolunteer@sfgov.org.

Hands-On Climate Change

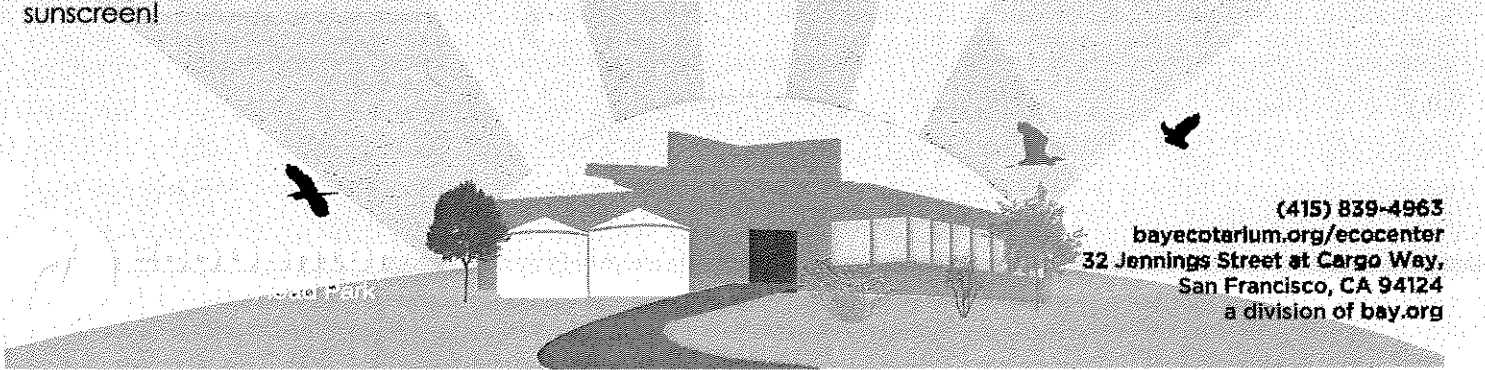
Oct 20 / 10:00am - 12:00pm

Join us at the EcoCenter to learn about climate change through hands-on, science-based activities! Learn about the causes and effects of climate change, why this issue is so important, and how we can all help protect our planet and our communities.

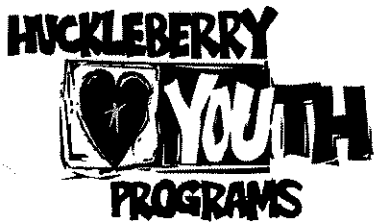
Heron's Head Park Trail Walk

Oct 27 / 10:00am - 12:00pm

In collaboration with SF Recreation and Parks and the Healthy Parks, Healthy People initiative, join professional guides on an interpretive walk to admire the San Francisco waterfront as we follow a short section of the Bay Trail. This low impact walk is great for socializing and bird watching. The walk will begin in the mini-park next to the Heron's Head Park parking lot at 10:00 am. Don't forget to bring water, hats, and sunscreen!



(415) 839-4963
bayecotarium.org/ecocenter
32 Jennings Street at Cargo Way,
San Francisco, CA 94124
a division of bay.org



~Huckleberry's CARC~

MY CITY MENTOR

Be a mentor!

Have FUN building a meaningful bond with our San Francisco youth!

Time Commitment:

- 8-month commitment (minimum)
- 1 outing with your mentee every week
- Monthly Mentor Meeting @ CARC
- Group Outings (throughout the year)

Interested? Contact me!

Sabreen Khalil, Mentor Coordinator
Cell Phone: (415) 562-5945
Email: skhalil@huckleberryyouth.org
Address: 44 Gough Street, Suite 104
San Francisco, CA 94103



Free Construction Training

Join CityBuild Pre-Apprenticeship Academy

PHYSICAL TRAINING



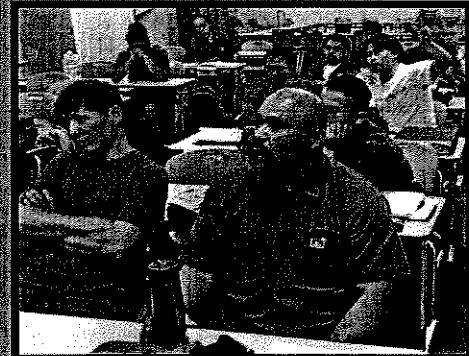
HANDS ON TRAINING



LEARN FROM INDUSTRY LEADERS



EARN COLLEGE CREDIT



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