

BMAGIC COMMUNITY CONVENER MEETING

Tuesday, April 17, 2018 1:00pm – 3:00pm PST

Hosted at: 1800 Oakdale Avenue, San Francisco, CA 94124

Facilitated by: Lyslynn Lacoste, Frank Martinez and Moira Dumo, - BMAGIC STAFF

ATTENDANCE:

1	Chris	Whipple	BHNA	415-347-6496	crwbot@gmail.com
2	Amy	Deck	Presidio Trust	415-561-5411	adeck@presidiotrust.gov
3	Marlenea	Watkins	Bayview Hunter's Point Clinic	415-339-8813	marlenea@marincityclinic.org
4	Miles	Stepto	SF Bike	415-279-7741	miles@sfbike.org
5	GiGi	Hopkins	Bayview YMCA	415-822-7728	ghill-hopkins@ymcasf.org
6	Mildred	Coffey	Coleman Advocates	415-375-1939	coffey.mildred@gmail.com
7	Melba	Lester	GGNPC	415-305-7393	tango_mel@yahoo.com
8	Maxine	Gilkerson	Rafiki Coalition	415-615-9945	on file
9	Ty	Blair	Rafiki Coalition	415-615-9945	tblair@rafikicoalition.org
10	Alicia	Butler	TARC YMCA	650-550-0470	abutler@ymcasf.org
11	Timothy	Demry	KIPP	510-318-0172	tim.demry@kippbayarea.org
12	Maria Victoria	Ahearne	Resident D10	415-815-8930	social67@hotmail.com
13	Brooke	Staten	Reflex Design Collective	443-695-5355	brooke@reflexdc.com
14	Julia	Kong	Reflex Design Collective	734-649-6415	julia.kong@reflexdc.com
15	Daniel	Kim	Rise University Prep.	415-596-6400	dkim@riseprep.org
16	Lydia	Vincent-White	CYW	415-684-9535	lvincent@centerforyouthwellness.org
17	Brother Daniel	Miranda	WM BGC SF	510-957-7536	dmiranda@bgcsf.org
18	Alejandra	Madrigal	Bayview YMCA FRC	415-822-9404x4238	amadrigal@ymcasf.org
19	Taylor	Booker	SFHDC	415-828-4809	taylor@sfhdc.org
20	Shane	Maldonado	New Door Ventures	415-857-9421	smaldonado@newdoor.org
21	Vincent	Fuqua	DPH	626-206-7644	already
22	Cythia	Carr	Legacy	415-920-7704	n/a

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23	Jennifer	Hubbart	Legacy		jennifer.hubbart@sfdph.org
24	Joi	Jackson-Morgan	3rd Street Youth Center & Clinic	415-822-1707	joi@3rdstyouth.org
25	Lydia	Bell	UCSF		lydia.bell@ucsf.edu
26	Bruce	Marcus	Third Sector Solutions	415-661-6122	bamsfca@gmail.com
27	LeNesha	Jefferson	Tandem	415-788-2263	lenesha@tandembayarea.org
28	Jacky	Zhu	CYC	415-9881211	jackyz@cycsrf.org
29	Jose	Cartagena	Catholic Charities	415-972-1370	-
30	Omolade	Roddy	SECHC	415-330-5754	rosalyn.rodny@sfdph.org
31	Esmeralda	Martinez	FUF	415-525-8183	esmeralda@fuf.net
32	Tiffany	Washington	Anthem Blue Cross	n/a	-
33	Monet	Wilson	Year Up	415-794-6434	monetwilson@gmail.com
34	Patricia	Rodriguez	Bayview Huntles Point Clinic	n/a	n/a
35	Susie	Wasserstrom	EcoCenter	415-839-4963	susie@bayecotarium.org
36	Kentaro	Cavey	EcoCenter	510-432-7556	kentaro@bayecotarium.org
37	Lisa	King	Wealth & Disparities in the Black Community Justice 4 Mario Woods	415-425-5650	lisakingsf@yahoo.com
38	Wanda	Matterre	DPH HOPE SF	415-337-4766	wanda.matterre@sfdph.org
39	Wanetta	Davis	DPH HOPE SF	415-337-4771	wanetta.davis@sfdph.org
40	Briyana	Butler	SECF/SFPUC	415-282-4006	bbutler@sflower.org
41	David	Gray	SECF/SFPUC	415-535-5232	dgray@sflower.org
42	Simone	Hudson	SECF/SFPUC	415487-5273	shudson@sflower.org
43	Genevieve	Leighton	BAYCAT	415-708-8228	programs@baycat.org

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AGENDA ITEMS FOR 4/17/2018:

THEME: Black African American Health Initiative and Health & Wellness Programs in the BVHP

INTRODUCTIONS

-Welcome, housekeeping and overview of the agenda

PRESENTATIONS

1. BAAHI & BAAWPL (Black/African American Health Initiative and Black/African American Wellness & Peer Leadership Initiative - SFDPH - Vincent Fuqua, M.A. - Health Program Coordinator –

We welcome Vincent Fuqua back to talk about the initiatives and introduce two of the agencies with BAAHI and BAAWPL programming. Vincent provided a history of the Programming, and how it went to Grant to RFP, then awarded to the Grantees. Vincent introduced Rafiki and BVHP YMCA as the two organizations in the Bayview that have been awarded the grant and are doing the work.

2. Rafiki Coalition for Health and Wellness - Maxine Gilkerson, Health Equity Manager and Ty Blair, Wellness Programs Manager -

Maxine thanked everyone for the opportunity to present. Some history, Rafiki has been here for over 32 years, first formed as the Black Coalition on AIDS. Their mission is to improve the health of Black Communities in SF in an African American Cultural setting. Maxine shared more about their programming and efforts in outreach and engagement, they have several events and programs going daily, weekly and monthly. Rafiki Coalition's mission is to eliminate inequalities in San Francisco's Black and marginalized communities through education, advocacy, and by providing holistic health and wellness services in a culturally-affirming environment. We affirm an informed, educated, healed, resilient, happy, united, productive, committed, respectful, empowered, mobilized and engaged community where life is valued and the diversity of the African Diaspora is celebrated. She shared about their programming, L.I.F.T., the collaborative Kwanzaa Event at the YMCA, which had over 100 in attendance. They offer many community activities for fitness and movement, there is a community hike, a community Bike Ride. Maxine shared their signature event, the Rafiki Health and Healing Summit, the dates this year are June 1 and June 2. Aside from great speakers and program, there is also free massage and other holistic services such as acupuncture and chiropractic services. Ty told us more about L.I.F.T., their program that stands for Living Inspired for Today. L.I.F.T- Living Inspired For Today, which includes community and village building with circles, celebrations and events, the Kwanza Celebration, Community Voices, Community Hike, Community Biking and My Brother Aaron Fishing Trip. The meetings form a powerful circle of support and expression of emotional, mental, political thoughts and issues as they do village building together in community. Rafiki seeks to support and encourage teaching community about their activities and programs such as the fishing trips, and Wellness Navigation. Health Screenings are a regular service at Rafiki, typically they are held the first Saturday, and take about 15 minutes a session. Those will start again in May along with the new set of movement classes. The Screenings are explained by staff, they talk to them about where they are going in their health goals, what

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does the health screening say? Also do yoga, tai chi, cardio soul, line dancing, strength training and Qigong is getting real popular. It's little more vigorous. There is also a spiritual relationship, moving joints and focus on the meridians. Unblock energy centers. Objective is to clear those centers. Wellness promotion, another way to get people moving with wellness. Healing is designed to get people in some kind of creative process. Most recently they have done circle drumming and begin to do healing work and singing therapy. Bimonthly dedicated silent meditation. Eat well live well is the part of the new Afro-Vegan food movement. The Rafiki Academy is a great component for drawing youth in, they have men's and young men's group for self-care and are targeted towards TAY and younger for self-care. What does it mean for them? Have coaching sessions, post-traumatic slave syndrome, and a grief circle for things such as violence and murders, a nutrition group session. When they are supported, they can succeed. LIFT living inspired for today, foray into mental and spiritual health with a practitioner. Last year did ancestor work/DNA Kits. Collaborated with GLIDE to visit a lynching memorial in Alabama to support. Children are part of it as they are there with parents. Welcome to the village, is what they are trying to create for everyone. Open to all races and ages, an African centered way of being. Schedule is online, will be there by Thursday, post quarterly. Every Friday automatic call for reminders from Rafiki. [Rafiki Coalition](#)

Contact information: Ty Blair for reminder calls and Wellness Programs - tblair@rafikicoalition.org at 415-615-9945-ext.129, and Maxine Gilkerson at maxine@rafikicoalition.org, 415-615-9945 ext.104

3. BVHP YMCA - Gigi Hill-Hopkins, Senior Director Citywide Health and Wellness, African American Holistic Wellness Bayview Hunters Point YMCA - Gigi is here today from the YMCA to talk about their programming in BAAWPL. Here to present their part in the big program. Historically African Americans here in San Francisco have had many historical changes, now the majority of that community is here in the BVHP. Our A.A. Community in SF is disproportionately exposed to negative environmental and social factors that can be prevented. Their programming is their way to improve the health and well-being of the A.A. Community with an emphasis on HOPE SF sites. The YMCA has holistic goal, what we do as a culture, how to guide the community out of the health disparities. Children as young as 5, are experiencing PTSD and other chronic issues. They concentrate on the four areas of focus, wellness, health & lifestyle, healthy spaces and places, stress and trauma reduction, social connectedness - being outdoors what that does, stress and trauma reduction and free for our community. The YMCA offers over 36 physical fitness classes in a month. Wellness health and lifestyle programs target change within 6 weeks. that series brings the mind together with the body. On Tuesday's they have their organic garden project where they have an actual hands on tutorial for urban agriculture and gardening from 10-11 am. At the YMCA they also provide family day celebrations. In the Black culture, families get together in any setting for family day and celebrations. The program targets adults and children with diabetes. Healthy weight and Your Child programming is coming in May. They also have a grocery-shopping program; they help the community on choosing foods and preparation of the food. This month they are certifying a grocery liaison, where you can build your grocery shopping tour and tools and will be able to teach that component to community with the YMCA. Kind of workforce encouragement. They have a blood-monitoring program, in collaboration with the heart association. Healthy spaces and places

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is a program where they take community out once a month to places like the Presidio, the Golden Gate Bridge, etc. provided is transportation and lunch. A way to come out of your usual routine and be in tune with your inner person and nature. First Friday of the month. Bus leaves about 10:30am, back by 2pm. Monthly nature hike, where Rafiki collaborates with the YMCA on the second Saturday of the month. Last time they had 27 people at the hike; its great as people can explore different parts of a new area. Zumba at the YMCA is a popular program. Community Park clean ups, once coming in June. In collaboration with a few entities with community in the YMCA area. Big day for the community. Stress and trauma. Offer stress and trauma reduction, in their Sister Love Group (check out the slide) with about 12 -20 attendees at a meeting. 1:1 clinical service for adults, families, and a Staff Be Well at Work Act for employees. They encourage social connectedness, many events for the children and the seniors up to 99 attendees. Some events were the Family Winter Ball, dress at their best, it is free and it is as if they are going to a ball. Had 93 people in the past December's event. Happening at the YMCA. Vintage group coming up, 50+ dance social event. Black history culturally celebration, celebrate Chinese NY and the same time due to crossover. Kwanzaa celebration, Sr. Lunch and learn for 50+. Twice a month in the BVHP and OMI. Last slide on BAAWPL collaborative. What they team up to do, great slide. Do not have to be a member of the YMCA to participate, also giving memberships to community for the gym. She talked about the free classes in this program, have a sliding scale/income based fee. People can find the information online Bayview YMCA .org, Bayview Y, and have a calendar you can pick up at their Lane St. Facility. The newsletter can be sent in PDF form to anyone, you would have to join the Y's email list. Work with southeast health center. To contact Gigi and the YMCA, here is the information. Gigi Hill-Hopkins @ ghill-hopkins@ymcasf.org, Senior Director Citywide Health and Wellness, African American Holistic Wellness, Bayview Hunters Point YMCA, 1601 Lane Street, (415) 822-7728 ext.4256

COMMUNITY BUILDING

1. Arthur B. Coleman/Bayview Clinic - Jayvon Mohammed, Executive Director

Southeast Health Center – Jayvon is here today, sharing her perspective on our healthcare crisis in the Bayview. She runs 6 community health center sites, and talks about her mission. Many places she goes she talks about the suffering and disparities and how we need to address them. She offers to dig a little deeper and suggests another view. She reviewed the social determinants of health for a healthy community and how they are played out in SF and the disparities. Gentrification, and super commutes, underperforming schools in general. Vs. social determinants of health for the poor black communities. There is a particular outcome for African Americans with ancestors that have migrated through slavery. The history,. Identity. We live together because of resiliency. Some communities are together because it is the only place they can live. In recent times, there were laws to prevent home ownership, had to address that and where to live. The community remixed and learned how to survive, learned it was very important to be together. How did we make any progress, by being together? For this community, there has been no recovery since crack, and suffered a tremendous loss of community, and how white norms affect SDOH in poor black

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communities. Talk about cultural shifts, school changes, values and being judged, to survive, community has to become like other communities in their functioning, which takes a toll on their mental health and physical health, MCHWC mission is to improve those health outcomes and bring back the village community mentality. She talked about the closing and renovation of the clinic, how to talk about communities based on race and the need to preserve the last few communities of African American culture left in San Francisco. Right now the clinic is fighting for historic status to help in their preservation of the building and work. If you are able to support, please contact us. Local historic landmark. Hearing is Wednesday, April 18th. For more context and history, please check out their videos. *Arthur B. Coleman Clinic History on Facebook Link Video* [Here](#),

- **Gentrification as a Public Health Crisis panel** - [watch the video](#) of health experts and elected officials participating in a February 2018 event at Bayview Opera House to honor Dr. Coleman's legacy and raise awareness about the need for health equity.
- **TV story on Arthur Coleman Medical Center** - see the February 2018 [KRON-TV 4 story](#) on the Hidden History of the African American clinic in Bayview Hunters Point.
- **Dr. Coleman's legacy in Bayview Hunters Point** - watch the [mini-documentary](#) with interviews of those who remember the important work of Dr. Arthur Coleman.

To contact the clinic for services, please go to their website... <http://www.bayviewclinic.org/>

2. SFPUC Water Rates – Briyana Butler, SECF Community Partners Liaison – Briyana and Simone are here today to provide some outreach on the new water rates. She is also one of the contacts to use the space here at the SFPUC, please let her know if you have any questions. Briyana shared that the new water rates have passed. The SFPUC has been providing energy, over 100 years, sewer treatment, complex and massive system, reservoir upgrades, diversifying your water supply, one of three in SF, are again in need of upgrades and infrastructure is outdated, climate change is impacting the infrastructure. SSIP, phase 1 approved. Simone here to talk about rates. While setting rates, they have to be thinking about the overall framework. Drought impacted revenue, but they were able to make it through and refinance loans, saved 200 million, for short term, for long term, all the investments are to help prevent spiked rates, avoid costly expenditures have had dozens of meetings and have surveys for outreach to the community. Only up 8% every year, the community cost will go up about a ten percent increase over the course of a year. Check out the customer assistance program. Work has been done in expanding program, made it easier, looking at fines and fees and eliminating a number of punitive ones around water shutoffs. Thinking that through. She knows [SF Water Rates Information Page](#) for more information. If you have concerns, questions or comments about the water, the taste, smell, etc. please call 311.

PROGRAM DEVELOPMENT

- 1. BMAGIC Save the Dates** – [Flagship Events Link](#) and [Volunteer Page](#)
 - a. 13th Annual Literacy is Freedom Book Fair May 9th, [Book Fair Volunteer Link](#)
 - b. 7th Annual Bayview Youth Summit April 28th, [Youth Registration](#)
 - c. 15th Annual Back to School Celebration & Back Pack Giveaway August 18th
- 2. Equity & Diversity Workshops** – This two part series is a special collaboration with the Human Rights Commission, the SF Public Utilities Commission and BMAGIC – Please register soon, let your colleagues know, we advised all the CEO's, E.D.'s and Directors this month. Here are the links to

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Google Registration [Here](#) . If you signed up on our sheet, please finish your registration online. They are scheduled for Wednesday April 25th and Part Two, Friday May 18th.

3. Community MAGIC Tuesdays - local business, May 15th and June 12th. Please join us for a special series of networking events in collaboration with Andrea Baker Consulting at Radio Africa. The events will be from 5:30-7:30pm, on Radio Africa's Tuesday Night \$10 menu offerings as well as community for fun and getting to know each in a no work environment.

GENERAL ANNOUNCEMENTS

- 1. FUF** - Bayview planting and outreach – Esmeralda Martinez here today, FUF is back to the Bayview looking to plant trees, coming to the Bayview on June 30th, deadlines in mid May. Need to know where trees, will you attend it, certain community centers and contact her. esmeralda@fuf.net
- 2. Susie/Eco Center Eco Center Earth Day/Birthday celebration** on Saturday April 21st It will be a shoreline cleanup followed by a celebration for the Eco Center's 8th birthday! Collaborating entails one of more of the following: Sending staff to the event to table and participate in the cleanup/join the celebration. Recruiting volunteers for the event. Hosting a partner cleanup site at a community location on 4/21, celebrating on a Saturday, before Earth Day on Sunday. With SFHDC, outreach, planting will be happening, contact susie@bay.org
- 3. Reflex Design** - Julia Kong - Community engagement facilitator in a group called Reflex Design Collective. We're reaching out about an initiative with San Francisco County Transit Authority to design community-based solutions that reduce traffic and make it easier to travel in your district. District 10 Supervisor Malia Cohen has directed SFTCA to partner with the local community to figure out ideas that can reduce congestion in the near term (shuttles, shared parking, car shares etc) , while our sister agency SFMTA works on long term public transportation improvements. Interactive workshops, SF county transportation authority, improve mobility. Outreach to understand how many workshops, how to farm the problem and address the situation second workshop to decide on the work. Longer interviews about stories what is like to get around Can offer free clipper cards. Contact Julia at julia.kong@reflexdc.com
- 4. BAYCAT** - Genevieve last spring workshop, age is 18-25 youth, for media, youth programming 11-17 free summer programs M-Th 1-5pm contact programs@baycat.org
WHO: BAYCAT **WHAT:** Zoom In: Episode 29, Lights Camera Activism!
WHERE: Bayview Opera House, 4705 3rd Street
WHEN: Friday, May 11, 2018 6pm-8pm **CONTACT:** For more information and to register, click [here](#).
NOTES: What does activism mean, and why is it important in today's society? BAYCAT youth will explore those questions on Friday, May 11th at the world premiere of Zoom In: Episode 39, a collaborative media production around the theme of ACTIVISM! Invite your family, friends, co-workers, neighbors. 16 Everyone is welcome to cheer on our students and meet the BAYCAT team as we celebrate creativity and community.
- 5. David Gray SFPUC** - sponsored paid internships, with cities works , 16-19 with area construction firms. Currently accepting apps engineering careers, not a difficult application an, if you know any young people, help us get them in the career pathways. Engineering career pathway.

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6. Amy Deck at the Presidio – She is reminding everyone about their Sundays, every Sunday now will be Presidio Picnics, with food trucks, and the fourth Sunday, free cultural dance performances. Contact her, transportation check out www.presidio.gov/picnics

7. **WHO:** YearUp & Bayview YMCA

WHAT: Till Program – Accepting Applications Now

WHERE: Bayview YMCA, 1601 Lane Street, San Francisco

WHEN: Deadline: June 11th

CONTACT: Monet Wilson 415.794.6434 mwilson01@yearup.org

NOTES: Program benefits: \$1200 stipend, Chromebook, guaranteed interview for September cohort at Year Up Bay Area, professional development, community building, mentorship. Program requirements: 18-24 years old, GED or HS Grad, no bachelor's degree, eligibility to work in US, interest in Tech.

8. **WHO:** Wealth & Disparities in the Black Community – Justice 4 Mario Woods

WHAT: Social Mixer & Fundraiser for 3rd Annual Mario Woods Remembrance Day

WHERE: El Rio, San Francisco

WHEN: April 29, 2018 9pm-12am

CONTACT: <https://www.facebook.com/events/100366190818799/> **NOTES:** We want everyone to come out and join us for our big Fundraiser – which is a joint fundraiser with all of the organizations who regularly support us – SF Berniecrats, SURJ SF, SURJ Bay Area, San Francisco for Democracy, Indivisible SF, SF Democratic Socialists of America, and more. Join us!

ACKNOWLEDGEMENTS AND APPRECIATION

Thank you Chris Whipple for helping us get the sound going.

*****Next Convener Meeting will be Tuesday, May 15, 2018*****